

[Inquiry into alcohol and substance misuse / Ymchwiliad i](#)
[gamddefnyddio alcohol a sylweddau](#)

Evidence from Pembrokeshire Communities First – ASM(Q) / Tystiolaeth gan Cymunedau'n Gyntaf Sir Benfro –ASM(Q)

Inquiry into alcohol and substance misuse

Survey Consultation Response

Organisation: Pembrokeshire Communities First

Questionnaire

01. Which client group(s) do you work with? (For example, under 18s, older persons, homeless, or female only)

Community members of all ages living within the Pembrokeshire Communities First cluster.

02. What are the main reasons why your clients take drugs or drink excessively? Please tick all that apply.

If you work with more than one client group or you feel that there are other reasons as to why your clients take drugs or drink excessively, please comment in the box below.

- *Peer pressure;*
- *Client's already substance reliant;*
- *Mental health;*
- *Relieve social anxiety;*
- *Environmental factors (for example – excessive drinking and/or drugs normalised in the home/community)*
- *Self-medication.*

03. Are there certain groups of people who are more likely to be affected by drugs and excessive drinking? If so, which groups might they be?

Those living in disadvantaged or deprived communities with low self-esteem and confidence.



04. Does a particular stage of your clients' lives influence their likelihood of taking drugs or drinking excessively? If so, what stage might that be? (i.e. age, relationship breakdown, unemployment etc.)

Unemployment.

05. What barriers exist for your client(s) when trying to access support and services?

N/A

06. What barriers exist for services when trying to access support for client(s)?

N/A

07. What do you consider to be barriers for staff and frontline services in working with your client group(s), or substance misuse generally?

N/A

08. Where do you think efforts should be targeted to address the issue of alcohol and substance misuse in Wales?

N/A

09. In which local authority area do you work? If you work outside of Wales, please write your local authority area below.

Pembrokeshire.

Contact Details

N/A – Anonymous.

